

FALL 2021



VIRGINIA BEACH SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS

PAWSITIVE PRESS

A Newsletter For Kids



**The Great
Outdoors**

**Become an
Animal Hero**

Pet Health

Enjoy the Great Outdoors Safely

Fall is here, and the nice weather makes people and animals want to spend more time outside! It's fun to take your pets on adventures, but it is important to make sure they are safe while they are enjoying the great outdoors.

There are a lot of dangers outside that threaten free roaming dogs and cats such as cars, bad weather, other animals, and people with bad intentions. Your pet could also get lost if they are outside on their own!

To avoid these dangers, it's important to keep your cats inside and your dogs safely on a leash or in a fenced-in yard. Some cats might also enjoy exploring the outdoors on a leash, but make sure to give them time to adjust to wearing a harness. If they don't like wearing a harness, don't force it. They might simply prefer to be comfortable inside the home.

Another way to protect your pet is to make sure they can be easily identified if they accidentally get out of the house. Your dog or cat should always wear a collar with an ID tag that has their name and your parents' phone number. Pets can also have a microchip, which is a tiny chip inside their body that identifies who they are and who they belong to in case they get lost. Every animal adopted from the VBSPCA is microchipped before they go home. ID tags and microchips are the best ways to help reunite lost pets with their owners!



Become an Animal Hero!



The Virginia Beach SPCA is on a mission to make our community a better place for animals. You can help by playing our brand new video arcade! Animal Heroes will teach you all about being a responsible pet parent and pet safety.

Start Learning

Go to vbspca.com/animal-heroes or scan this QR code!



Help Keep Your Pet Healthy

Just like people, pets need a proper diet and exercise to be happy and healthy. Your dog or cat's veterinarian checks their weight each time they have an appointment and will let your parents know if they need to slim down. There are things you can do to help keep your pet at a healthy weight.

Swap Snacks

Dogs enjoy things like carrots, green beans, and blueberries, while cats like peas, frozen corn, and catnip. Make sure you only give them a little bit!

Encourage Exercise

Take your dog for regular walks or get the laser pointer out for your cat to chase. Pets love to play, and you'll have fun too.

No Table Scraps

It is important not to give pets lots of table scraps. Some of it is really bad for them.

Make Your Own Healthy Treats

1 ½ cup of shredded chicken breast

½ cup chicken stock
(water you cooked the chicken in)

1 tbs sunflower oil

1 cup whole wheat flour

⅓ cup cornmeal

Boil the chicken in water until soft. Take the chicken out of the pot and save the water. Preheat the oven to 350°.

Shred chicken with a fork. Mix the chicken with ½ cup of the water from the pot and the sunflower oil. In a separate bowl, mix the cornmeal and flour. Slowly mix the dry ingredients and the wet ingredients together.

Once it is formed into dough, slightly flour the counter and knead the dough a bit. Roll it into a ¼ inch thin sheet. Cut treats into small pieces and place on a baking sheet. You could also use cookie cutters for extra fun.

Bake for 20 minutes. Let them cool at least 10-15 minutes before serving any to your cat or dog. Store them in an airtight container in the refrigerator for up to a week!



VBSPCA Animal Awareness Cards

Collect all four and win a prize!

Each edition of the Pawsitive Press will feature a VBSPCA animal. Collect four Animal Awareness Cards and bring them in to the VBSPCA to receive a special prize.

Neapolitan came to the VBSPCA as a tiny baby along with her two sisters. Now these bunnies are a little older and ready to find homes of their own! Neapolitan loves to play, so she needs a family that will give her lots of time and attention. She would enjoy having a rabbit friend at home, but that is not a requirement. If you think your family would like to adopt Neapolitan, visit the shelter today!



Neapolitan

Here's Looking at You, Kids!



We want to thank Sophie for stopping by the shelter with some gifts for our dogs! She made toys for our pups as part of a Girl Scouts project. We love seeing children stop by the shelter to visit with animals while they wait to find a forever home.

If you would like to make a craft for our animals, stop by the shelter on

November 6th from 11am-1pm.

Local Girl Scouts are hosting a craft activity at the Virginia Beach SPCA and will have all of the materials you'll need to make a fun toy for a homeless animal!

If you'd like to make a craft at home, visit vbspca.com/crafts for project ideas.



VBSPCA.COM

3040 HOLLAND RD. VIRGINIA BEACH, VA

Upcoming Fun

Fall Reading Challenge

Complete three reading activities and earn prizes along the way! vbspca.com/activity-of-the-month

Boardwalk Art Show

Stop by our booth on 10/23 and 10/24! We will be set up at the 24th Street Park at the Virginia Beach Oceanfront.

Holiday Wishes for Shelter Animals

Stay tuned for our December virtual activity where we invite you to send holiday wishes to our shelter animals.