

SUMMER 2020

VBSPCA

VIRGINIA BEACH SOCIETY FOR THE PREVENTION OF CRUELTY TO ANIMALS

PAWSITIVE PRESS

A Newsletter For Kids



**What is
Empathy**

**Keeping Pets Cool
this Summer**

**Congrats to Youth
Writer Louise**

Keep Pets Cool

The summer heat can be dangerous to our pets, and it is our job to keep them safe. Use the below tips to make sure your furry friend stays cool on hot summer days.



Find Shade

If you and your pet are outside during the day, make sure to allow your pet plenty of time in the shade. You can also provide your dogs with a kiddie pool filled with cool water or a cool towel to lay down on.



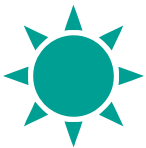
Protect Their Paws

When taking your pet for a walk, check the pavement with your hand before you leave. If you can't leave your hand on the pavement for longer than 3 seconds, it is too hot for your pet! Go for walks in the morning or evening when it's cooler. If you must take your pet out during the day, allow them to walk in the grass.



Hydration Is Key

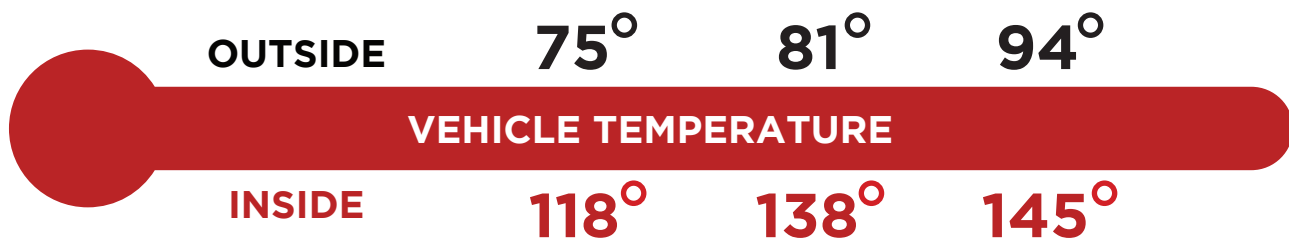
Pets can get dehydrated quickly, so be sure to provide them with plenty of fresh, cool water. Add some ice cubes for extra fun! If you and your pet will be outside for more than 5 minutes, bring water and a bowl with you.



Know The Signs Of Heat Stroke

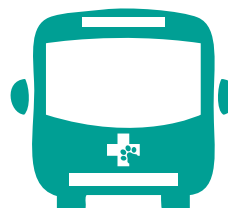
Animals pant to cool their body, but if the humidity is too high, animals can't get cool. Watch for heavy panting, excessive water consumption, and signs of disorientation. Lower their temperature by wetting the top of their head with cool water and increase air movement with a fan. Consult with the pet's veterinarian as soon as possible.

Never Leave Your Pet In The Car, Especially During The Summer Months



Website Scavenger Hunt

Be the first to email humaneeducation@vbspca.com with the answer to the scavenger hunt question and you will win a prize.



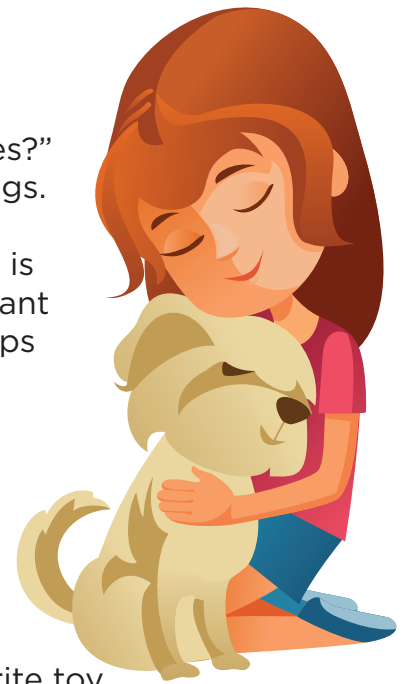
vbspca.com



What is the Neuter Scooter and why is it important?

What is Empathy?

Have you ever heard the phrase, “Put yourself in someone else’s shoes?” This is empathy - trying to understand or share someone else’s feelings. This could mean that you feel someone else’s feelings when they are happy or sad. It could also mean that you understand what someone is feeling because you have felt that way too. Empathy is a very important part of all relationships, with both people and animals, because it helps us feel connected to each other.



Have you experienced empathy?

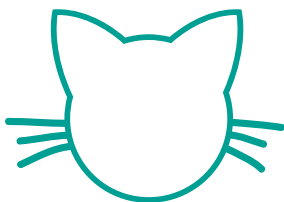
- Have you been to a birthday party and felt happy when the birthday boy or girl opened their gifts? Feeling happy because someone else is happy is empathy.
- Do you know someone who felt sad because they lost their favorite toy or broke something that they care about? Did you feel sad too? This is empathy.
- Have you been with a friend when they got in trouble with their parents? Did you understand how they felt because you have been in trouble too? This is also empathy!
- Do you know someone who has been picked on or bullied at school? Can you imagine or understand what that would feel like?
- Did you ever have a new kid arrive in your classroom or neighborhood who didn’t know anyone? Can you imagine or understand what that would feel like?

Take a moment and think of a time when you put yourself in someone else’s shoes or shared their feelings. By being **empathic (em-pa-thetic)**, we build better relationships with our friends, our family, and even our pets.

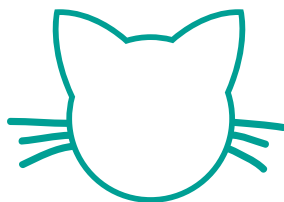
How Would You Feel...?

Draw a face on each cat and write one word under each completed picture that describes how you would feel.

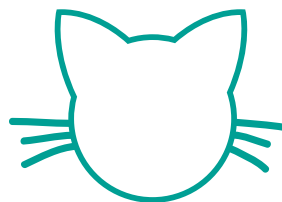
1. Snuggling with your favorite person.



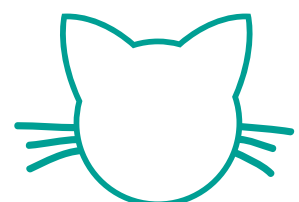
2. Having your tail and ears pulled.



3. Having playtime with your family.



4. Being yelled at and pushed out of the way.



Become an Empathy Ambassador

Tell your friends and family about the importance of being empathetic toward all living creatures.

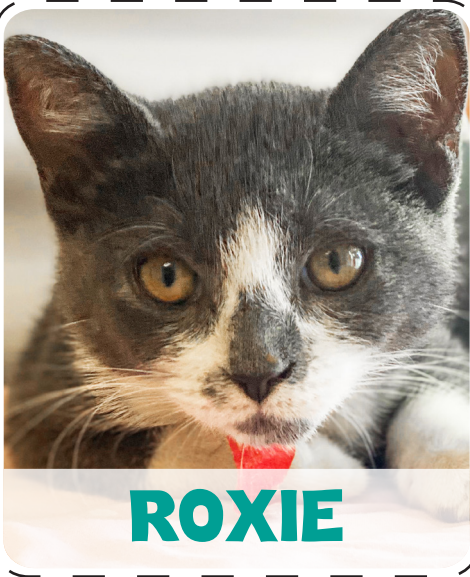
Here's Looking at You, Kids!

Writing From The Heart WINNER!

Congratulations to Louise who won our compassion inspired writing competition back in April! She submitted an imaginative piece titled "The Election" and you can read it on our website. Any time young animal lovers contribute their ideas, voices, and positive energy into the world, it builds a better future. Thank you to Louise and all the young writers who participated in the contest. We look forward to another contest later this year.



• • • • Adoptable Animal Awareness Cards • • • •



Collect four animal cards and win a prize!

Roxie was a feral kitten who lived outside until she was brought to the shelter with her sister Velma. She was very scared of people and did not like to be held so we sent her to a foster home where she learned to trust. Her foster fed her, played with her and showed her that snuggles are the best! When she returned to the shelter, she found a family that gave both her and her sister a loving home.

Bring four animal cards to the VBSPCA to claim your prize.



VBSPCA.COM

3040 HOLLAND RD. VIRGINIA BEACH, VA

Upcoming Fun

August 1st-30th

Create A VBSPCA Cage Card
Help Us Find Them Homes

Every Monday

A Tale For Two

Reading Program Connecting Youth and Shelter Pets

Coming In September

Reading Is Pawsome

Fall Reading Challenge For Youth Ages 6-12

VISIT VBSPCA.COM FOR MORE INFORMATION