General Event Questions

What is the Mutt Masquerade 5K & 1 Mile Walk?

The Annual Mutt Masquerade 5K Run & 1 Mile Walk is a morning full of fun for the whole family – including your four-legged members! The day's activities consist of a competitive, timed 5K Run, a leisurely one-mile Pack Walk down the Boardwalk, and Fun in the Park from 10am-1pm.

Where does The Annual 5K Run and Walk for the Animals take place and where can I park?

The Annual 5K Run and Walk for the Animals takes place at 31st Street Park in front of King Neptune. The route sends runners and walkers south on the boardwalk towards Rudee Inlet and Back. Parking is available in the city parking garage (Entrance is 209 30th Street) or on the street.

What if it is raining?

The Annual Mutt Masquerade 5K Run and Walk for the Animals is rain or shine. Because this is an important fundraiser, it is not our policy to issue refunds.

Bank Day/Packet Pick-up Information

When can I pick up my goodie bag, bib number and T-shirt?

Pre-registered participants may drop off donations and pick up their goodie bags, bib numbers (5K participants only) and T-shirts from 12 noon to 6 p.m. on Friday October 29th at The VBSPCA, 3040 Holland Road. We encourage participants to pick up their packets in advance to avoid lines on the day of the event.

Can I pick up my friend/relative/co-workers packet?

Yes. No special ID will be required but we will record your name, stating that you picked up their materials. If you are a team captain and plan to pick up goodie bags and T-shirts for your entire team, please notify us in advance by emailing events@vbspca.com.

Questions about the 5K Run

When should I arrive to participate in the 5K Run?

Registered 5K runners should arrive by 9 a.m.. If you need to pick up your shirt, bib number and goodie bag please arrive by 8:45 a.m.

Can my dog run the 5K with me?

Yes. However we ask that you review these <u>Couch to 5K</u> training tips. Water stops are available for both Humans and Canines throughout the route.

Can I walk the 5K?

Yes. The 5K run is a competitive, timed event, but participants are also welcome to walk the course.

Are strollers allowed in the 5K?

Strollers are not allowed in the 5K run. They are, however, allowed in the one-mile Walk.

Will water and snacks be available to 5K runners after the race?

Yes. We will provide bottled water and snacks following the race.

When and where will the 5K finish times be posted?

They will be posted on the <u>Tidewater Striders website</u>, as well as <u>the VBSPCA</u> website. Awards will be given out immediately following the 5K to top finishers.

Are awards given out to top 5K finishers?

Awards are given to first and second place overall finishers (male/female), as well as first, second and third place finishers in each age group (male/female, age groups are five year increments and range from ages 5-9 to ages 75+). The awards ceremony will be held as soon as 5K results are available. We encourage everyone to enjoy the activities in the park while you wait!